

Breathe Ann Arbor (BA2) Presents:

---Transformational--- Breath®



Experiential Workshops with Julie Wolcott and Marcia Bailey

"The Breath is the gateway between the visible and invisible world." -Babaji

Join us for a Saturday midday two hours of inner alignment!

- ◆ **Experience a Centering with Intention Setting to Begin each Event**
- ◆ **Be facilitated in a Full Transformational Breathing Group Session followed by an Integration Process**
- ◆ **Note: First Time Transformational Breathers please arrive at 10:00 am for a Brief Overview of Transformational Breathing**

Where: Dexter, Michigan near Ann Arbor

When: 11:00 am – 1:00 pm, Saturday May 21, Saturday July 9, and Saturday July 30, 2022

Cost each session: \$30 reviewers, \$40 first timers, register now, space limited

Contact: Julie Wolcott, 734-355-1671, jwolcott@ymail.com; or Marcia Bailey, 734-395-4799, m Bailey@tm.net

See also our website, www.BreatheAnnArbor.com

Julie Wolcott, M.A., CSW, LPC, has practiced in the fields of counseling and psychotherapy for over 40 years. She is a Licensed Professional Counselor and a Certified Social Worker, Phoenix Rising Yoga Therapy Practitioner and Kripalu Yoga Teacher. She is also a Certified Transformational Breath Facilitator and Trainer.

Marcia Bailey, M.A., PhD, has taught Yoga since 1999 as a certified Phoenix Rising Yoga Therapy Practitioner and Kripalu Yoga Teacher, and she has taught connected breathing for over 40 years. She is a Certified Transformational Breath Facilitator and Trainer.

You Will Thank Yourself Again and Again for Attending This Workshop