

Breathe Ann Arbor (BA2) Presents:

# ---Transformational--- Breath®

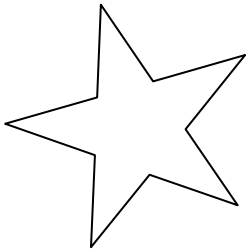


*All day event with Marcia Bailey and Julie Wolcott*

The Breath is the gateway between the visible and invisible world." -Babaji

**Join us for a day of inner alignment! ... You will:**

- ◆ **Receive two full breathing sessions.**
- ◆ **Learn how to open restrictive breathing patterns.**
- ◆ **Learn how the Transformational Breath can help you live a healthier and more joyful life!**
- ◆ **Experience self/other forgiveness and heal deeply via metta and Michael Brown's The Presence Process**

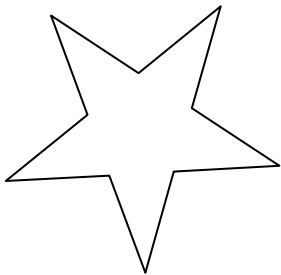


**Where:** Dexter, Michigan near Ann Arbor

**When:** 10 am – 5 pm Saturday November 7, 2020; participants new to the Transformational Breath should come at 9 am for a brief intro

**Cost:** \$90 for experienced Transformational Breathers;  
\$100 for first timers. Hearty lunch included.

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Marcia Bailey, 734-395-4799, [m Bailey@tm.net](mailto:m Bailey@tm.net)  
See also our website, [www.BreatheAnnArbor.com](http://www.BreatheAnnArbor.com)



**Julie Wolcott, M.A., CSW, LPC**, has practiced in the fields of counseling and psychotherapy for over 40 years. She is a Licensed Professional Counselor and a Certified Social Worker, Phoenix Rising Yoga Therapy Practitioner and Kripalu Yoga Teacher. She is also a Certified Transformational Breath Facilitator and Trainer

**Marcia Bailey, M.A., PhD**, has taught Yoga since 1999 as a certified Phoenix Rising Yoga Therapy Practitioner and Kripalu Yoga Teacher, and she has taught connected breathing for over 30 years. She is a Certified Transformational Breath Facilitator and Trainer.

**You will thank yourself again and again for attending this workshop!**